

TRAINING News

March 07



If you are a qualified therapist, working in private practice in a sexuality affirmative manner with sexual and gender minority clients, you may want to list your practice in our online DIRECTORY OF PINK THERAPISTS - over 250 therapists around the UK currently do!

Details online!

Welcome!

This is the fourth year we have run a series of Professional Development training workshops, helping therapists develop their thinking and improve their work with sexual minority clients.

Last year we launched our successful *Essentials in Sexual Minority Therapy* course, a four day certificated training aimed at both experienced therapists wishing to update themselves on current thinking regarding sexual minority therapy as well as those wishing to augment the level of training covered on their initial training. The workshops can all be taken individually, but taken as a whole we believe they offer an important, and *essential* step forward in working with sexual minority clients

Later in 2007 we hope to launch our two year Post Qualifying course in Clinical Studies in Sexual Minority Therapy. This is a 'world' first and ideal for those who are specialising in working with gender and sexual minority therapy to really train to a high level.

We hope you'll find something of interest in this year's programme and that we see you soon.

Please note the timing of our workshops - to facilitate day return travel to London yet still have 5 hours training.

Many thanks!

Dominic Davies - Director

SELF ESTEEM INJURY AND SOCIAL CONTEXT



This day will look at the roots of homophobia (both internalised and externalised)

from the standpoint of the development of self-esteem - or lack of it. Sometimes referred to as 'narcissistic wounding', the reverberations of low self-esteem play out not simply in terms of individual problems, but are a key determinant of the social politics of the gay scene. Low self-esteem arises from messages within the family of origin as well as the wider cultural context. Despite nearly four decades of gay liberation, and a widening of social opportunity, young LGBT people still suffer from low self-esteem, and it may take several generations to work through the effects of this collective history. The role of counselling and therapy is crucial to this process.

Facilitator: Keith Silvester

17th March 07 1pm - 7pm £105

WORKING WITH LGBT CLIENTS WHO HAVE RELIGIOUS/FAITH CONFLICTS

This workshop is a chance to explore specific issues that LGBT clients with religious/faith conflicts have.

The workshop will especially look at clients who come from a devout, orthodox, or fundamentalist backgrounds. We aim to include Judaism, Islam and Christianity.

Facilitator: Urs Mattman

19 May 07 1pm - 7pm £105



WORKING WITH SEXUAL FEELINGS IN THE CONSULTING ROOM

Most therapists will be aware of sexual feelings in their therapeutic work with clients. Some therapists will see frame this as erotic transference or counter transference and perhaps not be willing



to see any here and now erotic feelings as belonging to them and the client.

Sexual feelings may emanate only from the client, but most of us will recognise our own feelings of attraction to some clients from time to time. Rarely are therapists taught to work with these issues, and often therapists find it difficult taking such complex feelings to supervision.

Facilitators: Dominic Davies & Leah Davidson

9th June 07 1pm - 7pm £105

LESBIAN & GAY PARENTING, WHO'S PRETENDING NOW?

This workshop will explore current thinking and developments in relation to lesbian and gay parenting within the framework of wider contextual issues. Motivation for, and transition to parenthood, will be considered. Routes to parenthood and the specific arrangements lesbians and gay men have evolved to make parenting a viable option in their lives will also be examined.



Facilitators: Leah Davidson & Damian McCann

15 Sept 07 1pm - 7pm £105

WORKING WITH SEXUAL MINORITIES FROM THE BLACK AND MINORITY ETHNIC COMMUNITIES



A safe space in which to explore the key external factors that impact on BME sexual minorities,

including religion, family, racism and homophobia as well participants' own cultural assumptions and identities and

how these impact on the counselling relationship.

We will also explore how the law can impact on racism and identity and how personal experience and identity can act as the main source of developing multi cultural competence in a counselling setting. We shall also look at how institutional or private settings can help or hinder effective multi cultural competence.

Facilitator: Anthony Johnson
20 Oct 07 1pm - 7pm £105

COMMITTED OR NOT? RELATIONSHIP THERAPY WITH SEXUAL MINORITIES.

This workshop is devoted to developing a framework for the thinking and practice of undertaking therapy with sexual minority couples.



Current thinking about lesbian, gay, bisexual and transgender lifestyles in relation to coupledom will be examined. Although the workshop will identify specific challenges facing sexual minority couples, some of which may bring them for help, attention will also be paid to the factors which contribute to healthy functioning within couple relationships.

Facilitator: Damian McCann
17 Nov 07 1pm - 7pm £105



ESSENTIALS IN SEXUAL MINORITY THERAPY

Day One Sexual & Gender Diversity; Models of Sexual Minority Therapy (with Dominic Davies & Catherine Butler)

Day Two Internalised Oppression (with Charles Neal)

Day Three Coming Out (with Deirdre Haslam)

Day Four Professional & Ethical Issues (with Dominic Davies & Catherine Butler)

2007 Dates: 29 Sept; 27 Oct; 24 Nov; 8 Dec respectively £360 for four days; Individual Days £105 All days 1-7pm

"This is the first training course I've attended in a long time where I really learnt something new. An extremely well organised course with a great deal of supporting material. The experiential learning was particularly helpful."

"An excellent, well prepared and presented course concerning essential aspects of this important subject. Informative, engaging, thought provoking and professional."

"Very useful. High standard and have provoked much further thought and possibilities to explore. I feel I have learnt a huge amount."

Full details online:
www.pinktherapy.com