Essentials in Sexual Minority Therapy
Coming Out Resources

The Quote:

“The single most important factor about homosexuality as it exists in this culture is the perceived hostility of the societal reactions that surround it. From this one critical factor flow many of the features that are distinctive about homosexuality. It renders the business of becoming a homosexual a process that is characterized by problems of access, problems of guilt and problems of identity. It leads to the emergence of a subculture of homosexuality. It leads to a series of interaction problems involved with concealing the discreditable stigma and it inhibits the development of stable relationships among homosexuals to a considerable degree... Homosexuality as a social experience simply cannot be understood without an analysis of the societal reactions toward it.”


Some books:


Signorile, M (1995) Outing Yourself: how to come out as lesbian or gay to your family, friends and coworkers. New York: Random House